



## **Online workshop Working with your guides.**

Series of 3 evenings of 2 hours. Where we will discover our guides on an ever deeper level.

What are guides?

Who are your guides?

How can you work with it?

How do you know they are there?

What can they do for you, and vice versa?

The course is all from my own experiences, and it feels like I can share all of this. Everyone works in their own way. All I can do is provide tools. So that you can find your own way in it. Everything is possible, the possibilities are endless. We are going to do meditations and energywork to get to know the guides and their energies.

Via Microsoft team:

<https://www.microsoft.com/nl-nl/microsoft-365/microsoft-teams/group-chat-software>

I will create a team with the email addresses.

3 evenings for € 90.00 in the comfort of being at home.

You just need:

Internet

A device with a camera, so that we can see each other.

Participants max 6. Everyone deserves full attention in this. There is room to ask questions.

I can't wait to get started and meet you.

I can only say that it is so special every time, how souls come together.

Language: English or/and Dutch

(And probably light language haha, can't resist, it is a part of me).

You can pay via [paypal.me/healtobefree](https://www.paypal.me/healtobefree)

Or I can make an invoice for you. Just let me know.

With love,  
Rowena

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